

*The Region's Leader*

# Healthtrak



## Dear Friends:

With a mission to build healthier communities, Miami Valley Hospital recognizes that our schools are often the heart of our communities. Our schools are where our friends and families come together for academics, sports and extra-curricular activities.

Miami Valley Hospital's partnership with area school districts is tied to our mission and a way to help each community grow stronger; it's so much more than a name and logo on a stadium. We gladly take on the responsibility and see our partnership as an opportunity to expose students to health care professions, help students make wiser decisions and educate students about healthy lifestyles.

In this newsletter read about the Drive Smart program offered through Miami Valley Hospital's Shaw Emergency

*Continued on next pages.*



## Drive Smart Offers Students

### A Sobering Look at Drunk Driving



Drive Smart is a program worth considering for your students. It offers a sobering look at the consequences of poor choices before getting behind the wheel of a car. Made available through cooperation of CareFlight at Miami Valley Hospital and local police and fire departments, Drive Smart offers a mock car crash display involving two cars. Four students play the roles of participants of the crash . . . one deceased, one removed via ambulance, one removed via CareFlight and the drunk driver.

Drive Smart is offered at no charge because it is part of CareFlight's mission to expose the risks, resources and ramifications of students' drunk driving. Prom and Homecoming seasons are popular times for schools to book Drive Smart. Last prom season, CareFlight conducted 35 Drive Smart demonstrations. AAA donates the car for the demonstrations.



The mock accident is narrated and on hand are two mothers whose teenagers were killed in car crashes. The parents give emotional and sobering testimony to the realities of drunk driving. The overall demonstration is very powerful and students are often silent throughout the demonstration and some even weep.

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**To book a Drive Smart demonstration, call Dennis Broering of Miami Valley Hospital at 937-208-2037.**

Dear Friends continued...

Department. Drive Smart features a team of health, medical and law enforcement professionals who have been there firsthand to experience the tragic aftermath caused by impaired driving. This demonstration gives a dramatic view of the realities of it all. Also read about our Injury Prevention Center's Substance Abuse Fair where area high school students are exposed to the dangers of using alcohol and drugs.

Miami Valley Hospital has been part of the Dayton region for over 100 years and we know how important our schools are to the future of this community. It's our hope teaming up with the school districts will bring more education, wellness and career options to students, their families and the community at large.

Sincerely,

Your friends at Miami Valley Hospital

## The Injury Prevention Center at MVH Educates Students on Substance Abuse

Alcohol and other drugs continue to be a problem among our high school teenagers. In 2006 over half of teenagers in high school reported they had consumed some form of alcohol or drug. In response to these alarming trends, The Miami Valley Hospital Injury Prevention Center has hosted Substance Abuse Fairs at Springboro and Fairborn High schools in the fall and will host the event at Alter, Beaver Creek and Bellbrook High Schools in the spring.

The Substance Abuse Fair is an interactive fair in which teenagers participate in a variety of educational exhibits and discussions. These exhibits are designed to engage the students in a dialogue on substance abuse and its impact. Participants also have the chance to win several prizes throughout the fair.

The Miami Valley Hospital injury Prevention Center has conducted the fair several times over the past three years,

with more than 3,000 college and high school student participants. Examples of groups that share information:

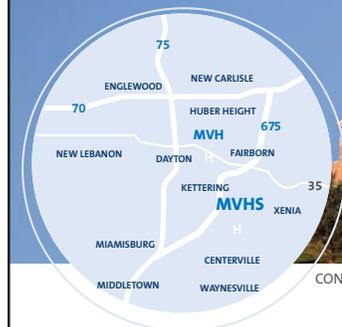
- County Juvenile Courts
- Ohio State Troopers
- Local Police Departments
- Alcohol Prevention Groups
- Substance Abuse Agencies

The fair also includes:

- Mock Trauma - Featuring real ER equipment while the nurse volunteers simulate care for a substance abuse related trauma.
- SANE- Sexual Assault Nurse Examiners enlighten students about the abuse of substances and its relationship to the law and sexual relations.

MVH is proud to provide this wonderful opportunity for students to learn about important issues regarding substance abuse in an educational and interactive setting.

# New name. Same commitment to your health.



CONVENIENTLY LOCATED AT I-675 AND WILMINGTON PIKE (EXIT 7).

### Miami Valley South Health Center has become Miami Valley Hospital South.

**WE OFFER:**

- 24-hour emergency department
- Comprehensive cardiovascular care
- Diagnostic imaging and laboratory services
- Breast center
- Sports medicine center
- Outpatient surgery services through Far Hills Surgical Center
- Ten in-patient beds
- Five story medical office building for family practice & specialty physicians
- Four seasons garden and walking trail



**Miami Valley Hospital South**  
Premier Health Partners

Operated by Miami Valley Hospital  
2400 Miami Valley Dr.  
Centerville, Ohio 45459  
937-438-2400

[MiamiValleySouth.org](http://MiamiValleySouth.org)

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